

Don't Worry, But Worship

Philippians 1:18-19 | Exodus 15-16

1. Introduction

- Life's challenges force a choice: worry or worship.
- Paul, in prison, chose to rejoice (Philippians 1:18-19).
- The Israelites saw God's miracles but quickly turned to worry (Exodus 15-16).

2. The Choice: Worry or Worship?

- Israelites worshiped after the Red Sea (Exodus 15:1).
- Three days later, they worried about water (Exodus 15:24).
- Worry magnifies problems; worship magnifies God.

3. The Power of Perspective: See the Problem Through God's Eyes

- God had already proven His power.
- He provided:
- Sweet water at Marah (Exodus 15:25).
- Manna from heaven (Exodus 16:4).
- Quail in the camp (Exodus 16:13).
- The same God who provided before will provide again.

4. The Support System: Prayer and the Holy Spirit

- Paul relied on prayer and the Spirit (Philippians 1:19).
- Israelites had to trust God's daily provision (Exodus 16:4).
- God gives daily grace—just enough for today.

5. Worship Wins the Battle

- Israelites gathered manna every morning—faith in daily provision.
- Worship declares trust in God before the answer comes.
- Worship shifts focus from the problem to the Provider.

6. Conclusion: Make the Choice to Rejoice

- Paul: "I will continue to rejoice." (Philippians 1:18)
- Israelites: Trust God daily.
- Your response? Don't worry, but worship!